| Name | Period | Date |  |
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|      |        |      |  |

# Lesson 1: How Does Food Become Energy For My Body?

## **Pre-Test: Human Map**

#### **Purpose**

The purpose of this pre-test to assess your background knowledge, misconceptions, questions, and knowledge gaps about how food becomes energy for your body.

### **Your Progress:**

- Mastery
- Proficient
- Developing
- Beginning

# **Procedure- 2 Days**

- 1. Obtain a sheet of butcher paper. Note that you are only allowed 1 sheet per group. So if you become unsatisfied with your drawing you only have the reverse side of the paper to use.
- 2. Select a group member who fits on the butcher paper from head to toe.
- 3. Outline the body of the person in **pencil**.
- 4. **In pencil**, neatly draw in all the parts of the body related to the following: eating, moving, and breathing.
- 5. Label all the parts of this human body map neatly.
- 6. Color and outline all the parts and words with marker.
- 7. At the end of each class period, roll your butcher paper neatly and secure it with a latex free rubber band or tape. Make sure your names are on the outside of the roll. Place it in the designated spot for your class period.